

Table 2. Growing Requirements, Propagation and Uses of Biennial and Perennial Herbs

Common name/ Scientific name	Height	Spacing	Light Requirement	Propagation	Uses
Horehound <i>Marrubium vulgare</i>	24"	15"	Full sun	Grow from seed, cuttings, or division.	Attracts bees; tea; flavoring in candy, crafts.
Hyssop <i>Hyssopus officinalis</i>	24"	15"	Sun or division	Grow from seed, stem cuttings, usage, potpourris.	Attracts bees and butterflies; mostly decorative.
Lavender <i>Lavandula angustifolia</i>	24 to 36"	18"	Sun	Grow from seed or stem cuttings.	Potpourris; herb pillows; crafts, vinegars and jellies.
Lemon balm <i>Melissa officinalis</i>	3'	2'	Sun, light shade	Grow from seed, stem cuttings, or division.	Teas; flavors soups, stew, fish, poultry, vegetables, and meat dishes; garnish; potpourris
Lemon verbena <i>Aloysia triphylla</i>	2 to 5'	12 to 24"	Sun	Grow from stem cuttings salads, and jellies; teas.	Potpourris; herb pillows; lemon flavoring , for drinks.
Lovage <i>Levisticum officinale</i>	3 to 5'	2'	Sun, partial shade	Sow seeds late summer; division.	Seeds in breads, butters, and cakes; teas; leaves in soup, stew, cheese, cookies, and chicken dishes; root edible.
Marjoram <i>Majorana hortensis</i>	1 to 2'	12"	Sun	Grow from stem cuttings, division, or seed.	Flavoring for meats, salads, omelets, vinegars; jellies; teas; flower head for crafts.
Oregano <i>Origanum vulgare</i> and <i>O. vulgare subsp. hirtum</i>	24"	8 to 12"	Sun	Grow from cuttings or division.	Flavoring for tomato dishes, meat, poultry and pork stuffings; vegetables and sauces, etc.
Peppermint <i>Mentha x piperita</i>	36"	18"	Sun, light shade	Cuttings and division recommended; invasive rhizomes.	Teas, fragrance.
Rosemary <i>Rosemarinus officinalis</i>	3 to 6'	12"	Sun	Seeds slow to germinate; use stem cuttings, layering, or division.	Teas; flavoring for vinegar, jam, bread, butters, stuffing, vegetables, stew, and meat dishes.
Rue <i>Ruta graveolens</i>	3'	12 to 18"	Sun	Grow from seed, stem cuttings, or division.	Decorative plant
Sage <i>Salvia officinalis</i>	18 to 30'	12"	Sun	Grows slowly from seed; stem cuttings, division, layering.	Seasoning for meat, vegetable and egg dishes; stuffings.
Sage, pineapple <i>Salvia elegans</i>	2 to 3'	24"	Sun	Stem cuttings.	Attracts hummingbirds and butterflies; teas; potpourri; cream cheese; jams, jellies.
Santolina <i>Santolina chamaecyparissus</i>	24"	2 to 3'	Sun, needs good drainage	Slow to germinate from seeds..	Dried arrangements and potpourris; accent plant.
Sorrel <i>Rumex spp.</i>	3 to 4'	12"	Sun	Grow from seed.	Flavoring of soups, butters, omelets; some species of sorrel are toxic.
Southernwood <i>Artemisia abrotanum</i>	4'	18"	Sun, well-drained soil	Stem cuttings, division.	Teas; sachets; potpourris.
Spearmint <i>Mentha spicata</i>	18"	18"	Sun, partial shade	Cuttings or division recommended; invasive rhizomes.	Teas; flavors sauces, jellies, and vinegars; leaves in fruit salad, peas, etc.